



CALIFORNIA

2010 Men's Crew



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Cal Looks To End Season on High Note at IRA Regatta

2010 Schedule

Date	Opponent	Time/V8+ Result
March 27-28	San Diego Classic	Wins Copley Cup
April 17-18	Stanford Invitational [^]	Swept All Races
April 24	Washington ^{*^}	UW wins
May 1	Stanford ^{*^}	Cal wins
May 16	Pac-10 Championships [#]	2nd
June 3-5	IRA Regatta	All Day

*Pac-10 Conference Dual [^]at Redwood Shores
[#] at Lake Natoma

Cal Head Coach Mike Teti

Mike Teti, formerly the head coach of the 2008 U.S. men's Olympic rowing team, begins his second season at Cal after he became the head coach in July 2008.

A longtime fixture on the national level, Teti served on the U.S. coaching staff at the World Championships and Olympic Games regularly since 1996. He coached the U.S. men's eight to nine world championship medals during that time period including four gold medals in 1997, 1998, 1999 and 2005.

Teti started his coaching career in 1982 at Temple University, leading his crews to six titles in seven years at the Dad Vail Regatta in Philadelphia.

2009 Season Recap

Under first-year head coach **Mike Teti**, Cal captured the Pac-10 team and varsity 8 championships on May 17 at Lake Natoma near Sacramento. Nearly three weeks later, the Bears returned to the course for the 107th IRA Regatta. This time, Cal's varsity 8 put in a strong effort and claimed second place behind Washington. The varsity 4 won the IRA crown, while the second varsity 8 took third and the freshman 8 finished fourth. **James Long-Lerno**, a transfer from Orange Coast College, was named Pac-10 Newcomer of the Year, while **Nareg Guregian**, **Nick Lucey**, **Jan Tize** and **Nikola Zunic** were voted All-Pac-10.

This Week

The No. 2-ranked California men's crew heads east to Camden, N.J., this week for the 2010 National Intercollegiate Rowing Association Regatta from June 3-5. The Golden Bears' varsity 8+ hopes to bring home its first national title since 2006. Cal has finished second in each of the past two seasons with Washington winning the crown last year. The winner of the IRA's Varsity Challenge Cup, awarded to the boat that wins the varsity 8+ grand final, is considered the collegiate men's champion. For more information please visit <http://www.row2k.com/ira/>

Senior Nareg Guregian was recently named the Pac-10 Men's Crew Athlete of the Year. Senior Sean Engel and junior Zachary Vlahos were also named to the all-conference team.

Bears Take Second at Pac-10 Championships

Coming in as the defending Pac-10 champions, Cal took second at the 2010 Pac-10 Championships on May 16 at Lake Natoma in Gold River, Calif. The Bears finished runner-up in all four races to Pac-10-champion No. 1 Washington.

In the varsity 8+, Cal held a slim lead over Washington after the first split, but the Huskies claimed the lead in the second split, and eventually pulled away for a 5:45.80-5:49.20 victory. Cal also led after the first split in the second varsity 8+, before Washington took the lead and never gave it up. Despite Cal making up some time after the third split, the Huskies still edged past the Bears to the finish line, 5:56.10-5:58.40.

Last Year At The IRA Regatta

Cal men's crew claimed second place in the varsity 8+ grand final and in the team standings, while the Bears' varsity 4+ won its grand final, at the 107th annual IRA Regatta last season. It marked the fourth time Cal has won the varsity 4+ IRA championship and the Eric W. Will Trophy; the Bears also won it in 2001, 2002 and 2007. Cal posted 178 points to finish second behind varsity 8+ champion Washington (198 points) for the Ten Eyck Trophy.

A Look At Cal Historically at the IRA Regatta

After winning its last championship in 2006, Cal has won 15 IRA national championships, the second most behind Cornell (26). The Bears went on a roll in the early 2000's winning four straight titles from 1999-2002. The 1999 championship was the school's first in the varsity 8+ since 1976.

In The Rankings

In the current USRowing Collegiate poll, Cal remains at No. 2 in the country. There are four Pac-10 opponents also in the Top 20 poll (No. 1 Washington, No. 12 Stanford, No. 18 Oregon State). Rounding out the top five are No. 3 Harvard, No. 4 Princeton, No. 5 Brown.

Looking For a Crew Photo?

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